

Georgetown Connections

Center for Active Living

The Newsletter

November & December 2017

<u>Happenings</u>	<u>Page</u>
Center Info.	2, 5
Social Services	3
Classes/Seminars	4 - 5
Monthly	6
Exercise	7
Trips	8 - 9
Specials	10
Sign ups	12-13
Calendars	17, 18
Pictures	Throughout
Ads	Throughout



Contact Us:
Phone: 457-1170
457-3270
Fax: 457-3670
Address: 7100 8th Ave
Jenison, MI
49428

6th and 7th graders from Jenison Christian School playing Bunco with our Members during their Spiritual Emphasis week.



We are thankful for our volunteers! Due to vacations and winters in Florida, we will need additional help both in the kitchen and delivering meals within the community. Let Pam or Mary know if you are interested in helping us out.

Newsletter Online: Georgetown-mi.gov
Click on: Residents
Click on: Senior Center

Center Staff

Director:	Pam Haverdink	haverdinkp@gmail.com
Director's Assistant:	Mary VanOeveren	mary.vanoeveren@agewellservices.org
Transportation Coordinators:	Dawn VanKoevering	dawnparkwood@gmail.com
	Rachelle Koetje	rachelle.koetje@gmail.com
Administrative Coordinators:	Jennifer Byker	jbyker7454@gmail.com
	Marla Matthews	marla.gtconnections@gmail.com
Maintenance:	Dennis Wilson	
Meal Coordinator:	Mary Van Oeveren	mary.vanoeveren@agewellservices.org
Food Coordinator:		
Volunteer Secretaries:	Jan Billin, MaryBeth Sackrison, Elaine Williams, Marilyn Dekleine	
Kitchen Volunteers:	Dori Anderson, Nancy Feenstra, Mary Provenzano, Karen Hordyk, Nancy Berry, Marianne Shamery, Gord Beerens, Dave Kammerzell, Marty Jansen	
Senior Advisory Board:	Shirley Minnie, Kathy Newland, Pat Bower, Joan Stark, Ed Walter, Leslie Sowers-Winkel	
Librarians:	Yvonne Arntz and Bonnie TerAvest	
	Board Meeting: Thursday, Nov 2, 10:00 AM	

GT Connections is open Monday - Friday from 8:00 a.m. to 4:00 p.m. In case of inclement weather GT will be closed when Jenison Public Schools are closed. Please watch Channel 8/13.

Membership is open to all men and women 55 and better. Cost is \$15 for resident and \$35 for non-resident. Membership is good January 1 thru December 31. Please make sure you sign the liability form and update your emergency information. We will begin taking 2018 Registration December 1.

Transportation

We are blessed to operate our own bus system for individuals who live in Georgetown Township with special needs or who are at least 55 years old.

Please call the Center for more information on cost of trips or to schedule your ride.

- Trips to the Center for activities or lunch cost \$3.00 each way.
- The Georgetown Connection's Staff must receive a phone call at least 2 hours prior to a cancelled event or ride. If we do not receive 2 hours notice the client will be billed for the ride.

Bus Rates (as of Oct. 1):

Location:	One Way Cost:	Round Trip:
Meijer	\$3.00	\$6.00
Senior Center	\$3.00	\$6.00
Grandville/Hudsonville	\$7.50	\$15.00
Jenison	\$6.00	\$12.00
GR Area	\$15.00	\$30.00
Greater GR Area	\$20.00	\$40.00



Social Services



Blood Pressures

This clinic is sponsored by American House of Jenison with Jennifer Hicks R.N. She will kindly take your blood pressure twice a month on the following dates. Thank you Jennifer for your smile and friendly advice!

Day: Thursday
Dates: Nov. 2 & 16
 Dec. 7 & 21
Time: 10:00 - 11:30am

Caring Hands of West Michigan

Crafty Ladies providing essential items for babies and toddlers. (Formerly Newborns In Need)

Contact: Sheila Paavo: 616-455-9625
 Nancy Weykamp 616-534-0493

Date: Nov. 9 & Dec. 14
Time: 10:00am

Commodities

The Commodities Supplemental Food Program (CSFP) is a nutrition program designed to maintain or improve the nutritional intake of seniors over 60 years old. Seniors who are age 60+, live in Ottawa County, and have an annual income at or below \$15,444 for a household of one and \$20,826 for a household of two, are eligible for this program.

Dates: Tues. Nov. 14 & Dec. 12
Time: 1:30 - 3:00pm

Grandville Optical

Dr. John Schlafley is coming to clean and adjust your glasses. He will also answer any optical questions.

Date: Wed. Nov. 15
Time: 10:15am
Cost: Free

Hearing Clinic

Beltone is coming to check and recheck your hearing and or equipment. Please sign up for your 15 minute appointment time.

Date: Tues. Jan or Feb
Time: 10:00am - Noon
Cost: Free

Legal Assistance for Seniors

Attorney Bill Westerbeke donates his time to help seniors with their legal questions. Please call him at 616-965-2060 for any questions and let him know you are a member of GT Connections.

Medicare/Medicaid Assistance

Amy Florea is the GT Connections liaison for answering your questions. Call her at 1-800-442-0054.

Meijer Shopping Trips

Each Wednesday and Friday morning, Georgetown Transportation will drop you off at Meijer for shopping time. Call the Center to arrange pick-up.

Cost: \$6.00 per person, round trip
Time: 10:00am- 12:00pm

Podiatrist

Please call Julie at 456-9744 to set up your appointment with David Smith, DPM.

Date: Jan or Feb
Time: 9:30 - 11:00am
Cost: Medicare/Medicaid will be billed

Prayer Shawls

Wrap a beautiful prayer shawl around a friend or a relative in need of a hug. Our member Elaine is making and selling these beautiful knitted shawls for \$10 to raise money for various charities.

Assisted Living

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Classes and Weekly Events

Bible Study

We would like to invite all members to join us for our interdenominational Bible Study every **Friday**. The interesting studies are based on topics using various books of the Bible. We start at **10:30am**, led by the following:

Nov. 3 Dale Matthews
Nov. 10 **No Bible Study**
Nov. 17 Nate Meldrin
Nov. 24 **Closed**
Dec. 1 Andy Hoover
Dec. 8 Lee Buer
Dec. 15 Larry Miller
Dec. 22 David DenHaan
Dec. 29 Dale Matthews



Bible Trivia

Fun while we learn. Join us for a time of questions and answers. This is non-competitive.

Days: **Thursdays**
Time: **10:30 - 11:30am**

Computer Lab

While you are at the Center, use one of our computers to surf the internet or email a friend. This is available to members for free. If you need to print any papers the cost is \$.15 a copy.

Knitting and Crocheting

Join the group to socialize and knit or crochet together. Work on your own projects or create new items for charity groups. Thank you Ladies for all the beautiful items you have made and sold to make money for GT Connections and other organizations.

Days: **Tuesdays**
Time: **12:30pm**

Friday Cards & Now Weds

Join our groups for Bridge (Fridays), Hand & Foot, or Euchre. We form groups at **12:15pm** and you do not need a partner to play. If you are interested in learning Bridge, please call Leslie Pentico at 540-0510. Drop ins are always welcome.

WANTED?

Do you know how to play Pinochle, Scrabble, or Cribbage?

Please let the girls in the office know if you are interested in any of these games. We will compile a list of names and connect you so we can get some more clubs going here at GT Connections.

Monday a.m.'s & Wednesday p.m.'s are another good day to play cards. Should we add another day to play? Let Pam know.

Mahjong

Mahjong is a game of skill, strategy, and calculation and involves a degree of chance. Typically this game is played with 4 players. To join this group we need players who know how to play, but if you would like to learn, we are able to set that up as well.

Days: **Thursdays**
Times: **12:30pm - 3:30pm**

Quilting

We are looking for new members with no experience necessary. We will teach you what you need to know.

Days: **Mondays & Tuesdays**
Time: **9:00am**

Tech Thyme with John

Are you having difficulties figuring out how to use your computer? Have some questions that you wish you could just ask someone quickly? John can help you with any question you might have related to a computer, tablet, or smart phone.

Cost is \$15.00 per half hour
Call John at 616-498-8093 for an appt.

Trim Group

Join us for this weight accountability group. Members help other members lose weight.

Days: **Mondays**
Time: **8:00am**
Cost: **\$3 per month**

Watercolor Painting

Taught by artist Vicki Marnich-Reynolds, the class covers various watercolor techniques for intermediate artists.

Days: **Wednesdays**
Time: **9:00am - Noon or 1:00 - 4:00pm**
Session 2: Oct. 18 - Nov. 15
Off until January 3
Cost: **\$10 drop in \$40 full class**



Drop In Watercolor Painting

Join other artists as they gather to paint on Friday mornings by the beautiful lakeside setting at GT Connections.

Days: **Fridays**
Time: **8:30am-12:30pm**

Educational Seminars

Meridian Care - Apple Pie

Health insurance is expensive and confusing. Meridian Care will answer questions that you may have, and you get to enjoy apple pie! If you would like to have lunch prior to this seminar, please sign up for that too.

Date: Tues. Nov. 7
Time: 12:30pm
Cost: Free

Hope for the Holidays

Whether this is your 1st holiday without your loved one or your 20th, the holidays can be difficult for many of us. Come and gain support and tools from Hospice of Michigan to get through this holiday.

Date: Tues. Nov. 14
Time: 10:30
Cost: Free

Lunch & Learn: Elder Law by William Westerbeke

Bill is a lawyer who specializes in Elder Law, make sure all of your information is up to date and in place before anything happens to you.

Date: Thurs. Nov. 16
Time: 11:30 Lunch
Cost: Free Lunch if you attend seminar

GT Connections Info

Our Membership

Membership is open to all men and women 55 and better for the low price of \$15.00 for residents & \$35 for non residents, good from January 1-December 31.

It is a requirement to be a member to participate in any activity at the Center.

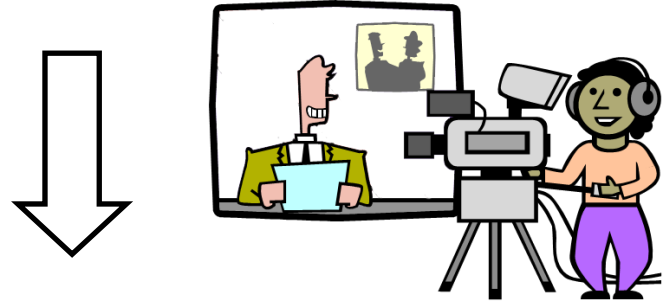
You do not need to be a member if you are only coming to the Center for lunch.

- Our meal service is provided by Age Well Services of Muskegon
- Lunch is served Tuesday-Friday from 11:30-12:30pm
- Tuesdays and Thursdays we serve a home cooked hot meal.
- Please sign up for hot meal at least 24 hours in advance.
- Soup & Salad Bar is served Tue-Fri. No need to preregister.
- You pay for your food at the meal sign in table located near the kitchen on the day you eat.
- Meal Cost for those over 60 years old; is a suggested donation based on your income.
- For those under 60 years old; please pay full price of \$6.00

Lunch & Learn: Vein Restoration

Dr. Adria Ford will discuss the causes and treatment of varicose and spider veins. She will also give advice on relieving the pain associated with varicose veins and discuss the different options of treatment.

Date: Thurs. Nov. 30
Time: 11:30 Lunch, 12:30 Seminar
Cost: Free Lunch if you attend Seminar



WCET

Have you ever wanted to be in show business? Now is your opportunity! WCET is looking for volunteers to run cameras, announce sporting events, film concerts, parades and special events. No experience is necessary. They will train you. WCET is your community television station and without volunteers, WCET may not be able to cover the important community events.

Meal Donations

If your income falls within this range Suggested Donation

\$1801 or more per month	\$6.00
\$1501 - \$1800 per month	\$5.50
\$1201 - \$1500 per month	\$5.00
\$901 - \$1200 per month	\$4.50
\$601 - \$900 per month	\$4.00
\$600 or less	\$3.50

No one age 60 or over will be denied service for inability to make a donation.

Monthly

NOVEMBER

Event	Day	Date	Time	Cost	Sponsor
Birthday Party Lunch Entertainment: Stormy	Monday	6	12:00pm	\$2 + Lunch donation	Sunset Home Services
Breakfast Bingo	Monday	27	9:30am	.25 per card	Cook Family Services, Vista Springs, Samaritas
Bunco	Differs	2 7 13 20 & 29	12:30pm 10:00am 12:30pm 12:30pm	Free	American House
Computer Lab—Questions about Facebook with Valerie Cook	Thursday	16	10:00am	Free	Samaritas—Max 8
Euchre - Tourney	Thursday	9	12:30pm	Free	
Lunch Bunch—Village Baker in Spring Lake	Weds	22	11:30 am	\$8 plus lunch	
Movie—Beauty & the Beast	Monday Weds	27 29	12:30pm 10:00am	Cost \$1	

DECEMBER

Event	Day	Date	Time	Cost	Sponsor
Birthday Party Lunch Entertainment: Tiny Young	Monday	4	12:00pm	\$2 + Lunch donation	Sunset Homes Services
Breakfast Bingo	Monday	11	9:30am	.25 per card	Cook Family Services, Vista Springs, Samaritas
Bunco	Differs	7 11 20 28	12:30pm	Free	American House
Computer Lab - Tech device questions with Valerie Cook	Thursday	21	10:00am	Free	Samaritas - Max 8
Euchre	Weds	27	12:30pm	Free	
Euchre Tourney	Thursday	14	12:30pm	Free	
Lunch Bunch— Iron Restaurant downtown GR	Monday	18	12:30pm	\$6 plus lunch	
Movie - A Dog's Purpose	Weds Friday	13 15	12:30pm	\$1	

Exercise	Monday	Tuesday	Wednesday	Thursday
8:00 - 9:00am		Fit & Strong		Fit & Strong
9:00 - 10:00am	Stretch Yoga	Fit & Strong	Zumba Gold	Fit & Strong
10:00-11:00am	Zumba Gold	Flex & Stretch	Better Balance	Flex & Stretch
11:00 - 12:00pm			Move to Music	
1:00 - 2:00pm	Better Balance		Line Dancing	Pilates
6:00 - 7:00pm	Yoga		Zumba Gold	

- For all classes please wear comfortable clothing and athletic shoes.
- A towel and water bottle are recommended.
- Wednesday, Thursday classes start the week of Nov 1



Better Balance (Mondays \$14 & Wednesdays \$18) - Begins November 6 & 8

This class offers seated and standing balance, strength and flexibility exercises to help participants improve stability and prevent falls. Class activities include focus on walking, step reaction and reaching.

Fit & Strong (Tuesdays \$14, Thursdays \$16)

A bit faster-paced, this fun body fit and conditioning class includes cardio, core and strength-based athletic exercises. Handheld weights, fitness balls, elastic bands and dowel rods are used in class.

Flex & Stretch (Tuesdays \$14, Thursdays \$16)

This low-impact fitness class is for all fitness levels. Exercises can be done seated or standing and include the use of handheld weights, exercise balls, foam noodles and flex bands.

Line Dancing (Wednesdays \$18) Instructor Sue De Boode, 6 Weeks begins Nov. 15-Dec. 20

Boot scoot boogie your way to a healthier you.

Pilates (Thursdays \$16) Pre-pay required

This class blends stretching and invigorating seated and standing movements that focus on improving posture, flexibility and core strength. Handheld weights, flex bands and exercise balls are used to enhance the workout.

Stretch Yoga Chair Class (Mondays \$14) - Begins November 6

Practiced sitting on a chair and standing with chair support. This class uses adapted stretches and yoga poses combined with relaxation and breathing techniques to improve joint mobility, strength and balance.

Yoga (Monday nights \$21) Pre-pay required

Comfortably learn yoga poses getting up and down off the floor. Instructor Darlene Maul.

Zumba Gold (Monday \$14 and Wednesday AM \$16 & Wednesday PM \$18 pre-pay required)

This energetic, lower impact workout uses easy-to-follow dance steps and exercise moves to improve cardiovascular endurance, muscle strength and flexibility.

Move to Music—(Wednesdays \$8 pre-pay required) Begins Nov. 8 –29

This slower paced, fun aerobic workout offers seated and standing dance and exercise movements choreographed to favorite holiday music. Improves coordination, strength and balance.

- Pre-register to save your spot.
- Instructor: Kimberly Van Der Wiele unless otherwise noted.
- Drop in is \$2, except for Monday night Yoga & Line Dancing \$3.
- Monday PM Yoga, Line Dancing, Pilates & Move to Music need to be pre-paid for classes to run.

Trips

The Arabian Nights At Calvin College

On the dawn of her execution, clever and bright Queen Shahrazad sets into motion a plan to spare her life and the lives of all eligible young women. It is the young Shahrazad's stories that she tells that spares her another day of life, and then another, and then another. Will her stories save her life? Will her stories help heal the King and his Kingdom?

Date: Wednesday, Nov. 8 **Rate:** 2
Time: 9:30 am-2:00pm
Cost: \$15 transportation and ticket.
 Lunch on your own at Traverse City Pie Co.

Music at Mid-Day

A wonderful soup and salad buffet is served. Enjoy music following lunch at this beautiful church. On Nov. 14, join us to hear River Rogues Dixieland Band and on Dec. 5, the Caledonia Choralaires led by Kara Stevens.

Date: Tuesday Nov. 14 & Dec. 5
Time: 10:30 am –2:00 pm **Rate:** 2
Cost: \$14 transportation and lunch

Heritage Restaurant

This upscale restaurant staffed by culinary students serves American cuisine. Entrée choices include: Salvadoran Style Pork and Bean Popusa, Braai Style Zulu Strip Loin of Beef, Vadouvan Pan Roasted Red Drum Fish Fillet, Seared Chicken Breast. Please Pick one. Your meal includes a starter, entree, dessert and beverage.

Date: Wednesday, Nov. 15 **Rate:** 2
Time: 10:45 am– 2:00 pm
Cost: \$29 includes transportation, meal, tax & gratuity **Rate:** 3

Joseph & the Amazing Technicolor Dream Coat @ Cornerstone University Theater

A narrator speaking to a group of children, tells the story of young dreamer Joseph. Born into a family of twelve boys, Joseph is the favorite of his father, Jacob, and is given a splendid multi-colored coat. However, this coat, along with Joseph's talk of dreams he has had showing he will be the ruler of his brothers, arouse the jealousy of the other eleven, leading to a series of events ultimately placing Joseph in position to rescue his people from hardship.

Date: Wednesday, Nov. 15
Time: 6:00 pm
Cost: \$22 **Rate:** 1

"Annie" Grand Rapids Civic Theater

Annie is an orphan who is searching for her family. This popular musical takes place in the midst of the 1930s.

Date: Thursday, Nov. 16
Time: 6:30 pm
Cost: \$18 **Rate:** 1

Mighty Wurlitzer Organ Concert GR Public Museum

Justin Stahl, organist

Date: Friday, Nov. 17
Time: 6:15 pm
Cost: \$20 **Rate:** 2
 Beginning in the early 1900s up through the 1990s, hear theatre organ music from Justin Stahl over a range of decades! Hear classics and enjoy the melodies from the top hits of each era!

Shopping in G.R. Consignment Shops & Lunch at Cherie Inn

Join us to shop at: Urban Exchange, Conscientious Collective, Rock Paper Scissors, Rose's Closet, ReBlue, & Audrey Lane Boutique.

Date: Tuesday, Nov. 28 **Rate:** 3
Time: 10:00 am-3:00 pm
Cost: \$12 plus cost of lunch @ Cheri Inn

Meditation at Noon GR Public Museum Planetarium Lunch at Brick & Porter

Friday Meditation is a new experience being offered in the Chaffee Planetarium. Visitors will first learn about the brain, what effects stress has on the brain and tools for mindfulness. Then, the experience will take visitors on a deep relaxation exercise where they marvel at beautiful scenery on the planetarium dome.

Date: Friday, Dec. 1 **Rate:** 2
Time: 11:00 am
Cost: \$15 plus cost of lunch @ Woods

Cathedral Tours St. George Antiochian Orthodox St. Andrew's Cathedral

Join us to tour the beauty of the oldest orthodox church in Grand Rapids, then lunch out at Peppinos followed with a tour of St. Andrew's Cathedral. Tour guides will inform us of the history of the building as well as show the beauty of the art and architecture of each.

Date: Wednesday, Dec. 6
Time: 10:15 AM (tours 11:00. 2:00)
Cost: \$10 plus cost of lunch @ Peppino's **Rate:** 3

Men and Boys Choir Concert

Christmas Lessons & Carols

St. Andrew's Cathedral

Date: Friday, Dec. 15
Time: 5:45 pm
Cost: \$7 **Rate:** 1

Trips Continued

Elf Jr by Cornerstone University

Buddy, a young orphan, mistakenly crawls into Santa's bag of gifts and is transported to the North Pole. The would-be elf is raised, unaware that he is actually a human, until his enormous size and poor toy-making abilities cause him to face the truth. With Santa's permission, Buddy embarks on a journey to New York City to find his birth father and discover his true identity. Faced with the harsh reality that his father is on the naughty list and that his half-brother doesn't even believe in Santa, Buddy is determined to win over his new family and help New York remember the true meaning of Christmas. This modern-day holiday classic is sure to make every young performer embrace his or her "inner elf". Meijer Theatre Grand Rapids Public Museum

Date: Friday, Dec. 29
Time: 12:00 pm
Cost: \$22

Beginner Watercolor Painting

Have you always wanted to learn how to do watercolor, or have you started but feel you need more instruction? This watercolor class is for you. Vickie Reynolds will be teaching the basics.

Days: Thursdays
Dates: Starting January 4
Time: 9:00am - 12:00pm
Cost: \$48 (6 weeks)
Supplies: Not provided - pick up the supply list at the front desk.

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Specials

Grand Rapids Symphonette

We are so blessed to be able to host this wonderful community band at GT Connections. 45 plus band members will delight your senses with the beautiful sounds of music. This is a wonderful time to bring family and friends along to enjoy an evening out together. No need to be a member on this night. After music, enjoy ice cream!

Date: Weds. Nov. 1
Time: Weds. 7:30 pm
Cost: \$3



Thanksgiving Feast & Craft Show

Sponsored by Sheldon Meadows

Join us for a delicious dinner. Stop in early to shop the craft sale! **Craft Show begins at 10:00am.** We will have knitted and Crochet items, jewelry, Avon, hand made items, Hats from the hat lady, and more...

Date: Friday. Nov. 10
Time: 11:30-1:00
Cost: \$6 for the party
Sponsors: Sheldon Meadows, Cook Family Services, Hospice of Holland

Fox Jewelers Cleaning/Inspection Clinic

Todd & Connie Binsz are here to celebrate Fox Jewelers 50 years of service. They will be available to clean & inspect your jewelry.

Date: Tues. Nov. 14
Time: 10:00 am-2:00 pm
Cost: Free

Crafts with Kati

Join Kati from American House for a Holiday Craft. She will bring it by soon so you can see what you will make.

Date: Tues. Nov. 14
Time: 12:30 pm
Cost: Free

Kentwood Community Chorus

Join us here at the Center to enjoy this talented mixed chorus who will perform a variety of popular, sacred and patriotic music.

Date: Tues. Nov. 21
Time: 12:30 pm
Cost: \$2

Vintage Memories by Carol Branson

Carol is bringing several vintage items to stir the old memory bank. Join us for a wonderful morning out reminiscing about these great vintage items.

Date: Thurs. Dec. 7
Time: 10:00
Cost: \$3

Hudsonville Jazz: Christmas Jazz

Sponsored by Center for Vein Restoration We are very excited to have the Hudsonville Jazz band back to GT Connections. Join us for refreshments and beautiful Christmas Jazz.

Date: Tuesday, Dec. 12
Time: 4:00pm
Cost: Free

A Tribute to the Three Tenors

A Christmas Concert by the Three Tenors **on video** here at the Center with snacks.

Date: Tues. Dec. 19
Time: 10:00 am
Cost: \$1 for snacks

Games with Kati

Join Kati from American House for fun games and prizes.

Date: Tues. Dec. 19
Time: 12:30 pm
Cost: Free

Christmas Dinner by DTE & GT Connections

This wonderfully catered meal is sponsored by DTE Energy. Sign up early! You must be registered with Age Well Services for this meal. Enjoy our party with the "Hat Lady", Wilma Quist!

Date: Thurs. Dec. 21
Time: 11:30am
Cost: Free

Sponsors: Faith Hospice, Cook Family Services, The Laurels, Sunset

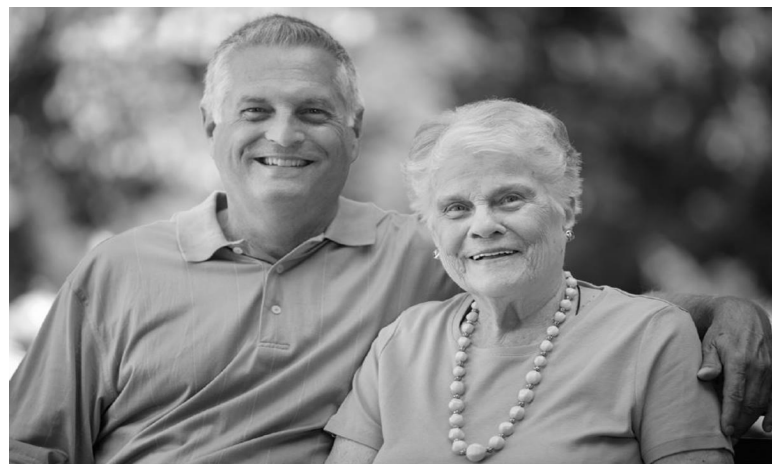


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**When the time comes
I know my options.**

Knowing your options for end-of-life care can help your family or caregiver fulfill your wishes. Take the time now to Understand Hospice, so that you and your family may live each day to its fullest.

hospice
of holland

hollandhospice.org
understandhospice.org

Understand Hospice is a service of Hospice of Holland, whose mission is to provide end-of-life care to patients facing terminal illness and their caregivers. *Contact us today at 616-396-2972 to learn how hospice can help.*



November 2017 Activity Sign-Up Form



Name: _____ Phone Number: _____

Please check (✓) the box on the left of each activity you would like to participate in.



Date Time Activity Cost Pick-up?

	11/1 Wed	7:30pm	Grand Rapids Symphonette	\$3	N/A
	11/2 Thu	12:30pm	Bunco	Free	\$6
	11/6 Mon	12:00pm	Birthday Party Lunch	\$2+lunch	\$6
	11/7 Tue	10:00am	Bunco	Free	\$6
	11/7 Tue	12:30pm	Meridian Care/Apple Pie	Free	\$6
	11/8 Wed	9:30am	Arabian Nights/Calvin College	\$15	\$6
	11/9 Thu	12:30pm	Euchre Tourney	Free	\$6
	11/10 Fri	11:30am	Thanksgiving Feast & Craft Show	\$6	\$6
	11/13 Mon	12:30pm	Bunco	Free	\$6
	11/14 Tue	10:00am-2:00pm	Fox Jewelers/Cleaning & Inspection	Free	\$6
	11/14 Tue	10:30am	Music at Mid-day	\$14	\$6
	11/14 Tue	10:30am	Hope for the Holidays	Free	\$6
	11/14 Tue	12:30pm	Craft with Kati	Free	\$6
	11/15 Wed	10:45am	Heritage Restaurant Pick one: Beef, Chicken, Pork, or Fish	\$29 (food + transportation)	\$6
	11/15 Wed	6:00pm	Joseph & the Amazing Dream Coat	\$22	\$6
	11/16 Thu	10:00am	Social Media, max 8 people	Free	\$6
	11/16 Thu	11:30am	Lunch & Learn/Bill Westerbeke	Free	\$6
	11/16 Thu	6:30pm	GR Civic Theater/Annie	\$18	\$6
	11/17 Fri	6:15pm	Mighty Wurlitzer Organ Concert	\$20	\$6
	11/20 Mon	12:30pm	Bunco	Free	\$6
	11/21 Tue	12:30pm	Kentwood Community Chorus	Free	\$6
	11/22 Wed	11:30am	Lunch Bunch—Village Baker (Weds)	\$8 + lunch	\$6
	11/27 Mon	9:30am	Breakfast Bingo	Free	\$6
	11/27 Mon	12:30pm	Movie - Beauty & the Beast	\$1	\$6
	11/28 Tue	10:00am	GR Consignment Shopping + Lunch	\$12 + lunch	\$6
	11/29 Wed	10:00am	Movie - Beauty & the Beast	\$1	\$6
	11/29 Wed	12:30pm	Bunco	Free	\$6
	11/30 Thu	11:30am	Lunch/Vein Restoration Seminar	Free	\$6

November. Total \$ _____

Credit Used \$ _____

Total \$ _____

Cash or Check# _____

December 2017 Activity Sign-Up Form

Name: _____ Phone Number: _____

Please check (✓) the box on the left of each activity you would like to participate in.

✓	Date	Time	Activity	Cost	Pick-Up?
	12/1 Fri	11:00am	Meditation at Noon/GR Planetarium	\$15 + lunch	\$6
	12/4 Mon	12:00pm	Birthday Party	\$2 + lunch	\$6
	12/5 Tue	10:30am	Music at Mid-Day	\$14	\$6
	12/6 Wed	10:15am	Cathedral Tours/Lunch	\$10 + lunch	\$6
	12/7 Thu	10:00am	Vintage Memories/Carol Branson	\$3	\$6
	12/7 Thu	12:30pm	Bunco	Free	\$6
	12/11 Mon	9:30am	Breakfast Bingo	Free	\$6
	12/11 Mon	12:30pm	Bunco	Free	\$6
	12/12 Tue	4:00pm	Hudsonville Jazz Band	Free	\$6
	12/13 Wed	12:30pm	Movie - A Dog's Purpose	\$1	\$6
	12/14 Thu	10:00am	Social Media Computer Help	Free	\$6
	12/14 Thu	12:30pm	Euchre Tourney	Free	\$6
	12/15 Fri	12:30pm	Movie - A Dog's Purpose	\$1	\$6
	12/15 Fri	5:45pm	Men & Boys Concert	\$7	\$6
	12/18 Mon	12:30pm	Lunch Bunch/Iron Restaurant	\$6 + lunch	\$6
	12/19 Tue	10:00am	A Tribute to 3 Tenors/video	\$1	\$6
	12/19 Tue	12:30pm	Games with Kati	Free	\$6
	12/20 Wed	12:30pm	Bunco	Free	\$6
	12/21 Thu	10:00am	Computer Lab Tech Devices	Free	\$6
	12/21 Thu	11:30am	DTE/GT Christmas Lunch	Free	\$6
	12/27 Wed	12:30pm	Euchre	Free	\$6
	12/28 Thu	12:30pm	Bunco	Free	\$6
	12/29 Fri	12:00pm	Elf at Cornerstone Theater	\$22	\$6

Cash or Check # _____

December Total _____
Credit Used _____





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A girl is sitting in a house at night that has no lights on at all. There is no lamp, no candle, nothing. Yet she is reading. How?

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Katie Reimink

Administrator

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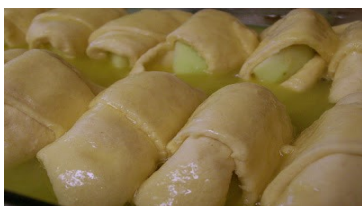


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If you are taking out your required minimum from retirement accounts, look at transferring all or a portion of it to a charity to prevent taxes from having to be paid on it and maximizing your giving.



Simple Apple Dumplings:

- 1 tube (8oz) refrigerated crescent rolls
- 1 large granny smith apple peeled and cut into 8 slices
- 1 cup sugar
- 1 cup orange juice
- 1/2 cup butter or margarine
- 1/2 tsp apple pie spice

Unroll crescent dough and separate into eight triangles. Roll up one apple wedge in each triangle; pinch edges to seal. Place in a greased 8" square or 11x4" baking dish. In a small saucepan bring sugar, orange juice and butter to a boil. Pour over dumplings, they will float to the top. Sprinkle with apple pie spice. Bake uncovered at 350 for 20-25 minutes or until golden brown.

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November 2017

Monday

Tuesday

Wednesday



Thursday

Friday

1 = Easy trip for anyone	2 = Moderate but accessible 3 = Must be a good walker or it's a long bus ride	1 9:00 Watercolor 10:00 Meijer 11:30 Lunch 1:00 Watercolor 7:30 GR Symphonette	2 9:00 Beginning Watercolor 10:00 B/P Check 10:30 Bible Trivia 11:30 Lunch 12:30 Mahjong 12:30 Bunco	3 8:30 Drop-In Watercolor 10:00 Meijer 10:30 Bible Study 11:30 Lunch 12:15 Cards
6 8:00 Trim 9:00 Quilting 12:00 B-day Party 3:00 & 5:30 Diabetes	7 9:00 Quilting 10:00 Bunco 11:30 Lunch 12:30 Knit/Crochet 12:30 Meridian Care Seminar	8 9:00 Watercolor 9:30 Arabian Nights 10:00 Meijer 11:30 Lunch 1:00 Watercolor	9 10:00 Caring Hands 10:30 Bible Trivia 12:30 Mahjong 12:30 Euchre Tourney	10 10:00 Craft Show 10:00 Meijer 11:30 Thanksgiving Dinner 12:15 Cards
13 8:00 Trim 9:00 Quilting 12:30 Bunco 3:00 & 5:30 Diabetes	14 9:00 Quilting 10:00 Fox Jewelers 10:30 Hope for the Holidays 10:30 Music at Mid-day (1) 11:30 Lunch 12:30 Knit/Crochet 12:30 Crafts w/ Kati 1:30 Commodities	15 9:00 Watercolor 10:00 Meijer 10:15 Grandville Optical 10:30 Heritage Restaurant(1) 11:30 Lunch 1:00 Watercolor 6:00 Joseph & the Amazing Dream Coat	16 10:00 Social Media Questions 10:00 B/P Check 10:30 Bible Trivia 11:30 Lunch & Learn 12:30 Bill Westerbeke 12:30 Mahjong 6:30 GR Civic Theater "Annie" (1)	17 8:30 Drop-In Watercolor 10:00 Meijer 10:30 Bible Study 11:30 Lunch 12:15 Cards 6:15 Mighty Wurlitzer Organ Concert (1)
20 8:00 Trim 9:00 Quilting 12:30 Bunco 3:00 & 5:30 Diabetes	21 9:00 Quilting 11:30 Lunch 12:30 Knit/Crochet 12:30 Kentwood Community Chorus	22 10:00 Meijer 11:30 Lunch Bunch 11:30 Lunch	23 Closed 	24 Closed
27 8:00 Trim 9:00 Quilting 9:30 Breakfast Bingo 12:30 Movie 3:00 & 5:30 Diabetes	28 9:00 Quilting 10:00 Consignment Shopping (2) 11:30 Lunch 12:30 Knit/Crochet	29 10:00 Movie 10:00 Meijer 11:30 Lunch 12:30 Bunco	30 10:30 Bible Trivia 11:30 Lunch & Learn 12:30 Vein Seminar 12:30 Mahjong	

December 2017

Monday
Tuesday
Wednesday
Thursday
Friday

1 = Easy trip for anyone	2 = Moderate but accessible 3 = Must be a good walker or this may be a long bus ride			1 8:30 Drop-In Watercolor 10:00 Meijer 10:30 Bible Study 11:00 Meditation at Noon & Lunch 11:30 Lunch 12:15 Cards
4 8:00 Trim 9:00 Quilting 12:00 B-Day Party 3:00 & 5:30 Diabetes	5 9:00 Quilting 10:30 Music at Midday (1) 11:30 Lunch 12:30 Knit/Crochet 1:30 Commodities	6 10:00 Meijer 10:15 Cathedral Tours & Lunch 11:30 Lunch	7 10:00 Vintage Memories 10:00 B/P Check 10:30 Bible Trivia 11:30 Lunch 12:30 Mahjong 12:30 Bunco	8 8:30 Drop-In Watercolor 10:00 Meijer 10:30 Bible Study 11:30 Lunch 12:15 Cards
11 8:00 Trim 9:00 Quilting 9:30 Breakfast Bingo 12:30 Bunco 3:00 & 5:30 Diabetes	12 9:00 Quilting 11:30 Lunch 12:30 Knit/Crochet 1:30 Commodities 4:00 Hudsonville Jazz Band	13 10:00 Meijer 11:30 Lunch 12:30 Movie	14 10:00 Caring Hands 10:00 Social Media Questions 10:30 Bible Trivia 11:30 Lunch 12:30 Euchre Tourney 12:30 Mahjong	15 8:30 Drop-in Watercolor 10:00 Meijer 10:30 Bible Study 11:30 Lunch 12:15 Cards 12:30 Movie 5:45 Men & Boys Choir Concert
18 8:00 Trim 9:00 Quilting 12:30 Lunch Bunch 3:00 & 5:30 Diabetes	19 9:00 Quilting 10:00 Three Tenors Video 11:30 Lunch 12:30 Knit/Crochet 12:30 Games w/ Kati	20 10:00 Meijer 11:30 Lunch 12:30 Bunco	21 10:00 B/P Check 10:00 Computer Lab 10:30 Bible Trivia 11:30 DTE/GT Christmas Lunch 12:30 Mahjong	22 8:30 Drop In Watercolor 10:00 Meijer 10:30 Bible Study 11:30 Lunch 12:15 Cards
25 Closed 	26 Closed	27 10:00 Meijer 11:30 Lunch 12:30 Euchre	28 10:30 Bible Trivia 11:30 Lunch 12:30 Mahjong 12:30 Bunco	29 8:30 Drop In Watercolor 10:00 Meijer 10:30 Bible Study 11:30 Lunch 12:00 Elf Meijer Theatre 12:15 Cards

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Georgetown Connections Mission Statement

Georgetown Connections is a community focal point on aging where older persons as individuals or in groups come together for services and activities which enhance their dignity, support their independence and encourage their involvement in and with the community. As part of a comprehensive community strategy to meet the needs of older persons, our programs take place within and emanate from the facility. These programs consist of a variety of services and activities in such areas as education, creative arts, recreation, advocacy, leadership development, employment, health, nutrition, social work and other supportive services. GT Connections also serves as a community resource for information on aging, for training professionals and lay leadership and for developing new approaches to aging problems.

Activity Policy

The GT Connection's Staff must receive a phone **call at least 24 hours prior to a canceled event**. If we do not receive notice there will be no refund. **If a ticket has been purchased for an event, money cannot be refunded unless there is a person to take the replacement of the ticket.** This adjustment was made due to the growth of the Center and the time administratively it takes the staff to maintain records. **The GT Connection's Staff is committed to providing you with excellent customer service.**

**Georgetown Connections
7100 8th Avenue
Jenison, MI 49428**